

Bagels and Breakfast

Lunch

Coffee, Espresso & Tea



Bagels & Bread

Hand-crafted daily with artisanal flour

plain	sesame	everything	maple bourbon
egg	poppy	vegetable	cinnamon raisin
honey wheat	onion	asiago	berry
marble rye	garlic	salt	
gluten free (weekends)	french toast	chocolate chip	brioche buns

Each	\$1.15
1/2 Dozen	6.25
Dozen	12.00
Dozen Bagels with 1/2 pint Cream Cheese	16.50
Bagel with any Cream Cheese	\$2.97
Bagel with Lox and Cream Cheese	6.72
Bagel with Butter and Jam	2.12
Bagel with PB&J	3.16
Extra side of Cream Cheese	1.85
Extra side of Jam	0.65

Cream Cheese & Spreads

sold by the 1/2 pint

Plain	\$5.05	Vegetable	\$5.05	Whipped Butter	\$3.75
Light Plain	5.05	Scallion	5.05	Honey Cinnamon Butter	4.25
Maple Bourbon	5.05	Hummus	4.50	Peanut Butter	4.10
Strawberry	5.05	Lox	11.25	Jam	3.20

Breakfast Sandwiches*

Basic eggs and your choice of cheese	\$4.53
American eggs, american cheese and your choice of bacon, ham or sausage	5.19
Skinny egg whites, scallion, tomato and swiss cheese	5.30
Omelet eggs with your choice of cheese and 3 ingredients	5.55
Benedict eggs, ham and hollandaise	5.60
NYC lox, plain cream cheese, tomato and red onion	7.15
Healthy Sprout sprouts, cucumber and plain cream cheese on an everything bagel	4.80
Double Bourbon house made maple bourbon cream cheese on a maple bourbon bagel	2.97

Lunch Sandwiches

Kentucky Brown turkey breast, bacon, mornay sauce, tomato and pimento on an asiago bagel	\$6.60
Club turkey breast, bacon, cheddar cheese, romaine lettuce, tomato and mayo	6.70
Reuben corned beef, sauerkraut, swiss cheese and house-made dressing on a marble rye bagel	6.50
Melt turkey, ham or tuna salad with your choice of melted cheese	6.50
BBLT bacon, romaine lettuce, tomato and mayo	6.50
Roast Beef roast beef, romaine lettuce, tomato, red onion, mayo and horseradish	6.50
BMB grilled pork meatballs with scallions, pickled carrots and daikon, sriracha mayo, jalapeño and cilantro on an egg bagel	6.70
Cheese Toast extra sharp cheddar cheese, mayo, dijon mustard, bacon, tomato, a pinch of black pepper	5.30

Build Your Own \$6.50

turkey, ham, roast beef, or tuna, and cheese plus 2 fixings on any bagel

Fixings & Condiments

lettuce, baby spinach, sprouts, green pepper, tomato, red onion, mushroom, scallion, cucumber, capers, sauerkraut
mayo, yellow mustard, dijon mustard, honey mustard, oil & vinegar, salt & pepper, horseradish

Salads

Spinach Salad baby spinach, aged gruyere, toasted almonds, dried cranberries, house-made bagel chips, house-made orange-shallot vinaigrette	\$5.85	Add grilled chicken	\$2.50
Caesar Salad romaine lettuce, shaved parmesan, house-made garlic bagel chips, house made caesar dressing	5.60		
Pear and Walnut Salad organic mixed greens, pear slices, candied walnuts, blue-cheese, house-made bagel chips, house-made rosemary-balsamic vinaigrette	5.85		
Fresh Fruit Cup freshly cut fruit	2.75		

Soups

All of our soups are made from scratch. Small \$2.80 Large \$4.90
Seasonally Available

	Small	Medium	Large
Brewed coffee	\$2.00	\$2.50	\$3.10
Café au lait	2.60	3.60	4.45
Espresso		2.90	
Americano	3.05	3.30	4.70
Cappuccino	3.50	4.60	5.00
Latte	3.50	4.60	5.00
Mocha	3.70	4.85	5.25
French Press			5.25
Hot Chocolate	2.25	2.95	3.90
Old Fashioned Lemonade	2.05	2.90	3.70
Arnold Palmer	2.05	2.90	3.70
Fresh Squeezed Orange Juice*	4.70	6.70	8.70



Kilogram Tea

Organic Iced Tea Classic, King Crimson	1.95	2.75	3.30
Organic Hot Tea English Breakfast, Ginger Peach, Emerald Spring, 333 Blend	1.55	2.20	2.75
Organic Chai Tea	3.30	4.45	4.80



Cold Brew Iced Coffee	\$2.75	\$3.25	\$4.00
Syrup	+ \$0.60		
	chocolate, organic vanilla, house made caramel, organic hazelnut, sugar free vanilla, sugar free caramel		
Espresso shot	+ \$1.35		
Oat Milk, Almond Milk	+ \$0.75		
Milk	half & half, 2%, skim		

Desserts

Baked from scratch in house, our desserts are rich, delectable and sweet...they're just as great as our bagels!

*Consuming unpasteurized juice may increase your risk of foodborne illness.

Extras	provolone, american, swiss, cheddar ham, bacon, sausage, fried egg	\$1.60 each
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*Eggs are cooked to order. Consuming raw or undercooked eggs may increase your risk of foodborne illness. ** Before placing your order, please inform us if you have an allergy.